

Making the decision about your treatment option

Does my surgeon think my contracture is suitable for Needle Fasciotomy?

Yes

No

What are my options?

Your options are surgery or no treatment?

Needle Fasciotomy

Why choose Surgery?

Why choose no treatment?

Why choose Needle Fasciotomy ?

Needle fasciotomy is an option If you would rather have:

- Faster recovery
- Lower chance of a permanent regrettable complication
- Less expensive treatment option

However Surgery is still an option

Surgery is an option If you would rather have:

- Less recurrence of disease
- Better success rate of treatment

If your Dupuytren's is not affecting your quality of life or you feel the risk/reward of treatment is not worth it **for you** then no treatment is an option

If I choose Surgery, What are my options?

Limited Fasciectomy

Skin Graft

Why choose limited fasciectomy?

Why choose skin graft?

Faster recovery and return to work than skin graft

No donor site (area where skin is taken for the skin graft)

No risk of skin graft failure

Lower recurrence

Useful when poor quality skin covers the contracture and would subsequently result in poor healing

Benefits patients who are young and have a high family history

You need to be aware of the trade-off when choosing between treatment with a needle and surgery:

Surgery has lower recurrence rates and higher success rate

But Surgery has increased risk of permanent complications, costs more and takes longer to recovery: There is a chance you may regret surgery

Radiotherapy may be an option in a few specific cases involving early nodular disease