Making the decision about your treatment option

Does my surgeon think my contracture is suitable for Needle Fasciotomy?

- Yes
  - What are my options?
    - **Needle Fasciotomy**
      - Why choose Needle Fasciotomy?
        - Needle fasciotomy is an option if you would rather have:
          - Faster recovery
          - Lower chance of a permanent regrettable complication
          - Less expensive treatment option
        - However Surgery is still an option
    - **Limited Fasciectomy**
      - Why choose limited fasciectomy?
        - Faster recovery and return to work than skin graft
        - No donor site (area where skin is taken for the skin graft)
        - No risk of skin graft failure
    - **Skin Graft**
      - Why choose skin graft?
        - Lower recurrence
        - Useful when poor quality skin covers the contracture and would subsequently result in poor healing
        - Benefits patients who are young and have a high family history
  - If I choose Surgery, What are my options?
    - Surgery is an option if you would rather have:
      - Less recurrence of disease
      - Better success rate of treatment
  - Why choose Surgery?

- No
  - Your options are surgery or no treatment?
    - Why choose no treatment?
      - If your Dupuytren's is not affecting your quality of life or you feel the risk/reward of treatment is not worth it for you then no treatment is an option

You need to be aware of the trade-off when choosing between treatment with a needle and surgery:

- Surgery has lower recurrence rates and higher success rate
- But Surgery has increased risk of permanent complications, costs more and takes longer to recovery: There is a chance you may regret surgery
- Radiotherapy may be an option in a few specific cases involving early nodular disease