Choosing the treatment for you

What are your treatment options and what is involved in each treatment?

**Needle Fasciotomy**: A needle is used to cut the cord which is then ruptured through manipulation

**Limited Fasciectomy**: The skin is opened, the cord is surgically removed and the skin is sutured together

**Skin graft**: The skin is opened, the cord and skin overlying the cord is surgically removed. Skin is then removed from a donor site (usually top of arm) to replace the skin which overlaid the cord

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**Needles VS Surgery**

- **Quicker recovery**
- **Lower chance of permanent regrettable complications**
- **Quicker onset of recurrence**
- **Poorer initial contracture correction with advanced cases but can still improve quality of life**
- **Less expensive**

- **Longer recovery**
- **Higher chance of permanent regrettable complications**
- **Slower onset of recurrence**
- **Better initial contracture correction with with advanced cases**
- **More expensive**

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Not every cord is suitable for Needles: Your surgeon will inform you of your choices available

For cords which are not suitable for needles, surgery is your only treatment option

There is always the option of choosing no treatment if your contracture is unproblematic or the risks outweigh the rewards